## Seoul Osteopathic Conference August 19 – 21, 2016

Venue: Seoul Korea, Olympic Parktel Hotel

Organizer / Registration Contact: Nahee Park Phone: +82 10-2799-8286 Email: <u>pt9732@naver.com</u>



# asian ostcopathic association

## **Honorary Speakers**

**Dr. SUNGIL MOON**, O.M.D., Ph.D., Osteopath, Chairman ASIANOA O.M.D., Ph.D., Osteopath and Chief of Acupuncture in the National Medical Center. Former Chief of Oriental Medical department in the National Medical Center. Additionally Dr. Moon has taught Oriental Medicine at Kyungwon University and Semyoung University and has founded and leads a study group of Osteopathy with fellow OMD's.

**Dr. STEVEN A. SANET**, D.O., Founder and Director ASIANOA Dr. Steve Sanet, D.O., is an internationally acclaimed American Osteopathic physician, lecturer and founder of the Osteopathic Health and Wellness Institute (OHWI) in the United States and the Osteopathic College of Ontario (OCO) in Canada.

## **Honorary Speakers**

**Dr. JIRO YAMAHATA**, B.C.Sc., D.O.M.T.P, Director ASIANOA Director of Japan Health Sciences Association (JHSA). Dr. Yamahata is an Osteopath and Chiropractor who has been teaching for many years. In his practice he has been treating patients with severe spinal dysfunctions and neurological disorders. After encountering osteopathy he realized the importance of the membranes and Dura and that assessment and correct treatment of these soft tissues will prevent recurrent lesions.

**Dr. PHILIP S.L. CHOY**, D.O., B.Sc., D.N.M., N.D., C.P., Clinical Dietician, Cert. TCM., Director ASIANOA

Dr. Choy has an extensive background of study including Osteopathy, Naturopathy and Nutrition. In addition to his appointment as faculty of the Osteopathic College of Ontario he is also an associate Professor of Wah Ha College in Hong Kong. Dr. Choy presents a unique set of skills to approach the most difficult of adult and pediatric cases.

Mr. LEOMIL P. ADRIANO, PTRP, MSPT, DO-MTP, CAC, Director ASIANOA

Leomil's background in multiple disciplines of manipulative therapy including Acupuncture, taping, and Osteopathy gives him a very progressive view for the athletic patient and alternate approaches. He is a widely respected member of the University of Santo Tomas faculty in Manila Philippines and has brought Osteopathy to the Philippines as a coordinator for the Osteopathic College of Ontario.

**Dr. NARKEESH ARUMUGAM** is a Professor in the Department of Physiotherapy, Punjabi University, Patiala Punjab. Currently he is also serving as the Dean of Faculty of Medicine at Punjabi University Patiala. His career has been built around basic and innovatory concepts in the fields of Neurology and Neuro-rehabilitation. Professor Dr. Arumugam is a superb blend of a teacher, clinician, Osteopath and researcher who has supervised more than 60 MPT dissertations, 100BPT projects and presently supervising Ph.D.'s and has more than 70 scientific publications in various national and international research journals.

# **Honorary Speakers**

**Dr. NAWAF AL AQEEL** is a Clinical Specialist in Musculoskeletal Physiotherapy with six years of clinical experience in Riyadh Military Hospital and four years in King Abdulaziz Medical City in the National Guard practicing and teaching within the musculoskeletal field. He is a Certified Spinal Manual Therapist from Manual Concept, Australia and has postgraduate training with the European School of Osteopathy (U.K.) and a Diplomate in Osteopathic Manipulation from the Osteopathic College of Ontario.

**DR. MANISH AURORA** has developed new concepts like dry needling of kinetic chains, myokinetic releases and rapid manual scans for muscle dysfunction. Dr. Aurora has more than 120 papers published in various journals or presented in various conferences and has been a resource person in countless workshops in manual therapy with an excess of twenty years of clinical experience.

# **Abstracts and Program Schedule**

#### Primitive Reflexes and the Craniovisceral mechanisms - Dr. Sanet

This course is experiential in nature. I have had a "strange" pursuit in the last few years that I have explored from an offshoot of an observation with one of my mentors once on primitive reflexes.

So I decided to do a little exploring myself, that if primitive reflexes could be induced, on occasion, while doing cranial for example, what was the significance of this?

If the PRM is actually getting in touch with the "spark of life" and echoing throughout your life; if visceral motility was in fact an "echo" of the embryologic unfolding of an organ that also persists throughout your life; then perhaps these primitive reflexes which disappear as higher cortical development occurs really don't disappear but can be re-actualized to reinforce a missed step in development or an injury to the "normal."

What I found and what is documented, is that PR (primitive reflexes) return in brain injured states; but in the seemingly quasi-normal patient, can these be "contacted" to reinforce the "now."

Experientially, I have found that, sometimes, they can.

This course will explore cranial rhythms, visceral rhythms, psychological development, and neural (via primitive reflexes) development and how these mechanisms take us into life and can be used to "repair/heal" events of our life.

#### High Velocity Low Amplitude Technique - Dr. Yamahata

HVLA (High Velocity Low Amplitude) technique is a safe and effective osteopathic technique designed to restore normal movement to joints that are fixated.

This workshop will focus on HVLA techniques for the thoracic spine. We will review screening and palpation skills of segmental lesions and restricted barriers, joint localization and proper patient set up and specific thrusting skills.

Participants will be able to:

- Describe indications, precautions and contraindications to HVLA techniques.
- Learn how to accurately identify restrictions to be manipulated utilizing an HVLA technique through a biomechanical examinations.
- Demonstrate safe and effective use of HVLA techniques in the thoracic area.

## **Conference Schedule**

Friday Evening Schedule

5:00 p.m. – 7:00 p.m. Reception – Olympic Parktel Hotel

7:00 p.m. – 8:00 p.m. Dr. Moon – "Welcome" history of the formation of the Asian Osteopathic Association

#### **Conference Schedule**

Saturday Schedule

- 9:00 a.m. 9:55 a.m. Dr. Moon "Oriental Medicine and Osteopathy"
- 10:00 a.m. 10:55 a.m. Dr. Yamahata "The role of mobilization in Osteopathy"
- 11:00 a.m. 11:55 a.m. Dr. Sanet "Primitive Reflexes and Persistent Embryology"

12:00 pm – 12:55 Lunch

- 1:00 p.m. 1:55 p.m. Dr. Manish Arora Myokinetic Fascial Releases: A new dimension in Osteopathy
- 2:00 p.m. 4:00 p.m. Workshop A Dr. Sanet (Primitive Reflexes)

2:00 p.m. – 4:00 p.m. Workshop B – Dr. Yamahata (High Velocity Low Amplitude Manipulation)

Sunday Schedule

- 9:00 a.m. 9:55 a.m. Mr. Leomil Adriano "New Explorations on Fascia"
- 10:00 a.m. 10:55 a.m. Mr. Philip Choi "Osteopathy a naturopathic healing system"
- 11:00 a.m. 11:55 a.m. Dr. Nawaf Al Aqeel "Effectiveness of Osteopathic Manipulative Treatment in Chronic Migraine Headache"

12:00 pm - 12:55 Lunch

1:00 p.m. – 1:55 p.m. Dr. Narkeesh Arumugam – Clinical aspects of Cranial Osteopathy

2:00 p.m. – 4:00 p.m. Workshop A – Dr. Sanet (Primitive Reflexes)

2:00 p.m. – 4:00 p.m. Workshop B – Dr. Yamahata (High Velocity Low Amplitude Manipulation)

## Seoul Osteopathic Conference August 19 – 21, 2016

Venue: Seoul Korea, Olympic Parktel Hotel

Organizer / Registration Contact: Nahee Park Phone: +82 10-2799-8286 Email: pt9732@naver.com



# asian ostcopathic association

## **REGISTRATION:**

The conference fee is \$495 USD (includes Saturday and Sunday lunch and one Saturday night banquet diner ticket)

# EARLY BIRD DISCOUNT: \$395 USD by May 31<sup>st</sup>.

Additional Saturday night banquet diner tickets are \$50 USD per person